Noam Zabari, a Yemeni Jewish chef, specializes in authentic Middle Eastern cuisine with a Yemeni twist. Starting as a young chef in LA nearly a decade ago, Noam's style continues to evolve while staying true to his Yemeni roots and heritage.

# **Hummus** (vegan)

### Ingredients:

- chickpeas (3 cups of dried chickpeas)
- salt
- cumin
- tehina (1 cup)
- garlic cloves (3)
- lemon (1)
- olive oil (¼ cup)

### Instructions:

- 1. wash chickpeas, let soak overnight in cold water
- 2. strain, wash again, boil in hot water for up to 3 hours (the softer the chickpeas, the better!)
- 3. then, let cool & remove husks
- 4. blend chickpeas together with all above ingredients
- 5. toward the last minute of blending (once everything is nearly blended together), slowly add up to 1 cup of ice water during blending process (this will ensure hummus smoothness)
- 6. let chill for at least 3 hours
- 7. serve & bon appetit!





## Lahouh (vegan)

## **Ingredients:**

- white flour (5 ¼ cups)
- dry yeast (2 tablespoons)
- salt (2 tablespoons)
- sugar (1 tablespoon)
- semolina (1 tablespoon)
- water (4-6 cups)
- time & patience!

#### Instructions:

- 1. sift flour into large bowl 1
- 2. in bowl 2, add sugar, salt, yeast, semolina
- 3. start with 3 cups lukewarm water and whisk into bowl 2
- 4. add contents from bowl 2 into large bowl 1 slowly while whisking ingredients together
- 5. gradually add lukewarm water (by eye) while whisking until you have a pancake-type batter with no lumps
- 6. cover with towel and let rise for 45 minutes
- 7. put 1-2 ladles (depending on size of pan: smaller pan = 1, larger pan = 2) of batter into non-stick pan
- 8. then, put on stove on medium-high heat
- 9. the substance should cook; once you see bubbles on the top layer (must be completely dry and bubbles all around), remove from pan
- 10. immediately run cold water on the bottom part of the pan and repeat voila!





## Yemenite Chicken Soup with Vegetables

# Southern Yemeni style

### **Ingredients:**

- chicken bones with fat (enough to fill a pot)
- chicken quarters (6-8)
- large brown onions (3)
- garlic cloves (6)
- large potatoes (4)
- large head of celery (1)
- large carrot (1)
- hawaiij (Yemeni spice mix)
- cilantro (1 large batch)
- salt

### Instructions:

- 1. fill up a pot halfway with water and bring to boil
- 2. add onions (chopped into quarters), garlic (smashed), celery, chicken bones
- 3. let cook for a minimum of 3 hours (up to 6 is better), until you've created a stock
- 4. remove bones and inedible particles
- 5. add salt and hawaiij mixture (to taste preference)
- 6. add chicken quarters and cook on medium-low flame for 45 minutes
- 7. add potatoes (cut into quarters) and carrots (chopped small) and cook for another 20 minutes
- 8. toward the end of the 20 minutes, chop fresh cilantro and add to pot
- 9. turn off flame and let sit for at least 30 minutes before serving

