<table>
<thead>
<tr>
<th>Time</th>
<th>Event</th>
<th>Location</th>
</tr>
</thead>
<tbody>
<tr>
<td>12:00–5:00 PM</td>
<td>Welcome Desk / Check-In Open</td>
<td>Great Hall</td>
</tr>
<tr>
<td>12:00–1:00 PM</td>
<td>Lunch</td>
<td>Dining Hall</td>
</tr>
<tr>
<td>1:00–3:30 PM</td>
<td>JOFEE Infusion Showcase</td>
<td>Great Hall</td>
</tr>
<tr>
<td></td>
<td>Teva Educators, Jacob Weiss, Rachel Aronson</td>
<td></td>
</tr>
<tr>
<td>1:00–4:00 PM</td>
<td>Dock Open: Canoeing &amp; Swimming</td>
<td></td>
</tr>
<tr>
<td>1:00–4:00 PM</td>
<td>Bookstore Open</td>
<td></td>
</tr>
<tr>
<td>2:00–3:00 PM</td>
<td>Food Demo: Beer, Braids, and Bread</td>
<td>Great Hall</td>
</tr>
<tr>
<td></td>
<td>Miriam Leichtling &amp; JOFEE Fellows</td>
<td></td>
</tr>
<tr>
<td>3:00–4:00 PM</td>
<td>Gentle Vinyasa Yoga</td>
<td>Beige Yurt</td>
</tr>
<tr>
<td></td>
<td>Meditative Mikvah Experience</td>
<td>Dock</td>
</tr>
<tr>
<td></td>
<td>3:30–3:50 PM – Self-identified women, de Herman</td>
<td></td>
</tr>
<tr>
<td></td>
<td>4:00–4:20 PM – Self-identified men, Mark Jacoby</td>
<td></td>
</tr>
<tr>
<td></td>
<td>4:30–4:45 PM – Gender non-conforming, Adamah Fellow</td>
<td></td>
</tr>
<tr>
<td>4:00–5:00 PM</td>
<td>PREPARE FOR SHABBAT</td>
<td></td>
</tr>
<tr>
<td>5:00–6:00 PM</td>
<td>Cocktail Celebration and Candle Lighting</td>
<td>Library</td>
</tr>
<tr>
<td></td>
<td>Event Committee Members: Zach Subar and Doris Rubinsky</td>
<td></td>
</tr>
<tr>
<td></td>
<td>The official opening of the Ride weekend. All Participants asked to join.</td>
<td></td>
</tr>
<tr>
<td></td>
<td>Retreat Shabbat attire recommended. Shabbat officially begins at 7:07 PM.</td>
<td></td>
</tr>
<tr>
<td>6:30–7:30 PM</td>
<td>Kabbalat Shabbat &amp; Maariv – All Streams</td>
<td>Synagogue</td>
</tr>
<tr>
<td>6:30–7:30 PM</td>
<td>Kabbalat Shabbat &amp; Maariv – Mehitza Minyan</td>
<td>Library</td>
</tr>
<tr>
<td>8:00–9:30 PM</td>
<td>Shabbat Dinner</td>
<td>Tent</td>
</tr>
<tr>
<td>9:45–10:30 PM</td>
<td>Rooted – A Conversation with Adamahniks Past and Present</td>
<td>Dining Hall</td>
</tr>
<tr>
<td></td>
<td>Rebecca Bloomfield</td>
<td></td>
</tr>
<tr>
<td>10:00–11:00 PM</td>
<td>Night Hike &amp; Stargazing</td>
<td>Meet at Arts &amp; Crafts</td>
</tr>
<tr>
<td></td>
<td>Arielle Aronoff</td>
<td></td>
</tr>
</tbody>
</table>
SATURDAY

7:30–7:45 AM
Got Milk?  
Barnyard

8:00–9:30 AM
Breakfast  
Tent

9:00–10:30 AM
Music Mountain Bike Ride  
Meet at Arts & Crafts
PAUL SCHULMAN

9:00–11:30 AM
Traditional Egalitarian Service  
Synagogue

9:00–11:30 AM
Mechitza Service  
Library

9:30–10:30 AM
Avodat Lev – Renewal Service  
Red Yurt
ADAMAHO FELLOWS

10:00–11:00 AM
Power Vinyasa Yoga  
Beige Yurt
REBECCA BLOOMFIELD

10:00 AM–1:00 PM
Camp Teva  
Meet at Arts & Crafts

11:30 AM–12:00 PM
Kiddush Refreshments  
Great Hall

12:00–1:00 PM
Keynote Panel  
Dining Hall
RUTH MESSINGER, FORMER PRESIDENT OF AJWS, CURRENT GLOBAL AMBASSADOR, AND 2017 NY RIDE & RETREAT HONOREE
NIGEL SAVAGE, CEO AND FOUNDER OF HAZON

1:00–2:00 PM
Lunch  
Tent

2:15–3:45 PM
Hike to the Overlook  
Meet at Arts & Crafts
TEVA EDUCATOR

PROGRAM BLOCK ONE
2:30–3:30 PM
Farm tour #1  
Meets at Arts & Crafts
ADAMAHO FELLOWS

Im’proving Together: A Storytelling and Leadership Training Like No Other  
Library
ANDREW DAVIES

2:30–3:30 PM
If Trees Could Talk  
Meet at Arts & Crafts
ELAN MARGULIES
PROGRAM BLOCK TWO
3:45–4:45 PM

Identity & Impact: A JOFEE Panel Discussion

JOFEE Fellows: Rachel Aronson, Jacob Weiss, Chelsea Stephens; Moderator: Nigel Savage

Field of Dreams Games:
Two great Shabbat-friendly pick-up sports to choose from:

Ultimate Frisbee
Jed Snerson

Pickleball

PROGRAM BLOCK THREE
5:00–6:00 PM

Farm Tour #2

Intentional Communities in a Jewish Context
Aharon Ariel Lavi

*NEW* Zen Out

Alaethia Doctor-Blech

Positive psychology is a relatively new science, but the importance of mental health on your overall well-being cannot be ignored. The simple act of awareness and focusing on the breath is huge for stress relief, immune and heart health, and even creative thinking. Join acupuncturist and herbalist Alaethia Doctor-Blech as she teaches the basics of Qigong, simple self-massage, and meditation. Basics of Eastern medicine philosophy will be woven into the class along with time for Q & A. Comfortable, loose clothing encouraged.

6:15–6:45 PM

Mincha: Mechitza Minyan

6:15–7:00 PM

Vinyasa Yoga
Miriam Leichtling

7:00–8:00 PM

Dinner (Third Meal of Shabbat)

8:00–8:30 PM

Musical Havdallah
Rabbi Isaiah Rothstein, Shosh Balk, Deborah Anstandig

Shabbat ends at 8:07 PM.

8:30–9:30 PM

MANDATORY BRIEFING FOR ALL RIDERS

This MANDATORY meeting is for all Riders, including sweep, lead, and marshals. We will help you prepare for the ride ahead. You will have an opportunity to ask any questions you may have.

MANDATORY BRIEFING FOR ALL CREW

This MANDATORY meeting is for all Crew. We will assign you your volunteer roles for Day 1 and prep the ride ahead. You will have an opportunity to ask any questions you may have.

Rest up and get a good night’s sleep – we have an exciting day tomorrow!
SUNDAY

6:00–6:45 AM
Shacharit: Mechitza Minyan
Synagogue

6:00–7:15 AM
Mechanic Available
Tennis Courts

6:15–8:15 AM
Breakfast
Tent

6:00–7:15 AM
Camp Teva
Drop off and pick up at Arts & Crafts

7:00 AM–2:00 PM
Camp Teva
Drop off and pick up at Arts & Crafts

7:00 AM–2:00 PM
Camp Teva
Drop off and pick up at Arts & Crafts

7:15–7:30 AM
Launch Ceremony & Group Photo
Patio
We ask that all participants – Shabbat, Riders, and Crew alike join us for our annual group photo & launch ceremony as we launch the 2017 Ride.

8:00–10:00 AM
Shabbat Only Check Out
Thank you for celebrating Shabbat and sending our riders off in style! We’d love to have you back next year as riders or crew! We ask that you be out of your room by 10:00 AM.

9:30 AM
Shabbat Only Shuttle leaves for Train Station
Meet outside Arts & Crafts

12:00–5:00 PM
Riders Return to Isabella Freedman
Greenhouse Entrance

2:00–5:00 PM
Post-Ride Community Fair
Main Lawn (next to tent)

2:00–5:00 PM
Dock Open: Canoeing & Swimming

4:00–5:00 PM
Post-Ride Yoga
Dining Hall

6:00–6:30 PM
Cocktail Half-Hour
Patio

6:30–8:30 PM
Gala Dinner Honoring Ruth Messinger & Day 1 Celebration
Tent

8:30–9:00 PM
***MANDATORY***
Riders and Crew Briefings
Tent & Library
Immediately following the Gala, we will shift to our mandatory briefings. Riders will stay in the tent and Crew will head to the Library for their briefing. BRIEFINGS ARE MANDATORY.

9:15–10:00 PM
Campfire
Fire Pit
MONDAY

6:00–6:45 AM
Shacharit: Mechitza Minyan
Synagogue

6:15–8:15 AM
Breakfast
Tent

7:00 AM–12:00 PM
Camp Teva

7:15 AM
Launch for 50 & 60-mile Routes
Main Entrance
If you are planning on riding 50 or 60 miles today, you must leave with this group. If you lag too far behind, we will pick you up in one of our crew cars for your safety… so don’t be late!

8:00 AM
Launch for the 30-mile Route
Main Entrance
If you are planning on riding 30 miles today, you must leave with this group. If you lag too far behind, we will pick you up in one of our crew cars for your safety… so don’t be late!

11:30 AM–1:00 PM
Riders Return to Isabella Freedman
Main Entrance
Upon returning to Isabella Freedman, expect a party with Shamu Sadeh's fantastic marching band, snacks, a finish line, and photo ops. All Riders and Crew will earn a 2017 NY Ride and Retreat bandana! We encourage folks to stay near the finish line for refreshments, music, and to welcome other riders in.

1:00–2:00 PM
Grow and Behold Celebratory BBQ
Tent
It’s Labor Day AND the completion of the Ride. Celebrate with a delicious Grow and Behold BBQ for the whole community. Don your NY Ride finisher bandana and get your photo taken by our roving photographer. Adamah food samplers and products will be for sale.

2:00–2:30 PM
Closing Ceremony
Main Lawn
NIGEL SAVAGE
Before we head our different ways, we come together one last time for awards, thank yous, and a celebration of all the work YOU have done.

3:00 PM
Check out and Departure / Bus to Manhattan Leaves
Meet in front of Great Hall
Put your bike on our bike truck, your luggage under the bus, and enjoy a comfortable ride back to NYC. You and your bike will be dropped off at the JCC Manhattan (76th & Amsterdam).

3:15 PM
Shuttle to Wassaic Train Station Leaves
Meet in front of Great Hall
Please note: no bikes are allowed on the train on Labor Day. Make sure to put your bike on the truck back to NYC.

Congratulations on completing the Ride! We’re so happy you’re part of the community and we’re looking forward to seeing you at the Post-Ride Bar Night on September 12 at E’s Bar! (See program book back cover for details.)