



SEED NECKLACES

TEVA TABLING provides quick and easy hands-on interactions with Jewishly rich content from Hazon's outdoor, food, farming and environmental education portfolio. Learn more at hazon.org/teva.

LEARNING OBJECTIVE

Seed necklaces are a very simple activity to do outside or in a classroom. In a week or so, the participants will be able to watch their seeds sprout and grow. The seeds can then either be planted or fed to animals in the garden.

JEWISH FRAMING

Life has the vitality to continue on and on – even with just a cotton ball, a plastic bag, and a seed... the plant will grow into a small wearable garden



// *It is forbidden to live in a city that does not have a garden or greenery.*

— Jerusalem Talmud, Kiddushin 4:12



Teva works to fundamentally transform Jewish education through experiential learning that fosters Jewish, ecological, and food sustainability. Teva is a program of Hazon. Learn more at hazon.org/teva.

MATERIALS

- Cotton balls
- Large dry seeds, either peas or beans work well
- Small baggies, the kind that necklace chains come in, with a hole poked through the top for a string to pass through
- Yarn or string 30" length per child (make sure it fits easily through the hole in the baggie!)
- Scissors for cutting yarn
- Small bowls for water and portioning out supplies



INSTRUCTIONS (Pre-poke holes in the bags and pre-cut the string. It will make your table guests flow through more smoothly.)



1 Dip cotton ball in water and gently squeeze out the excess moisture so it is not dripping. Flatten it like a pancake or tortilla.



2 Place the bean seed in the middle of the damp cotton ball and wrap the cotton around the bean seed.



3 Place the seed and cotton ball in the jewelry bag making sure to keep the seal open slightly.



4 Thread a piece of yarn through the hole at the top of the bag, and tie the ends to make the necklace.



5 Each student may wear their "living necklace" home or keep them in their classroom for observation.

The seed will sprout in three to five days. As the cotton ball dries add water. You can either plant the seed in soil at this point, or it can live for about two more weeks on the cotton ball, as long as it is provided with water and oxygen.