**Day 3: First Day of Riding, Wednesday Nov.5th**

Shomrim

Dear Friends,

The Israel Ride is off to an amazing start! Today was our first day of riding and over the course of the morning I rode 27 miles, climbing 1,600 feet. Leaving Jerusalem behind, we rode through the Jerusalem Forest, where we learned about the history of the land as we passed modern farms, Roman ruins and Biblical landscapes. After lunch, we toured the Beit Guvrin cave system, a vast underground network of store rooms, olive presses, burial chambers and residential homes from Roman times. It was an incredible start to what promises to be an extraordinary week!

Please be sure to keep an eye out for emails to come. You can also find out more about the Israel Ride and each day’s activities by following the Israel Ride on Facebook! If you want to experience the Israel Ride for yourself next year it will run from October 27th – November 3rd 2015 and registration is already open!