

<b>Core Shmita Principle</b>	<b>Meaning for Shmita</b>	<b>As applied to Shabbat?</b>
<b>Land Stewardship</b>	There is no seeding or plowing of agricultural land.	
<b>Perennial Harvest</b>	During the Shmita Year, primary harvests include wild edibles and perennial produce.	
<b>Creating Commons</b>	All agricultural lands are declared public and become community commons.	
<b>Shared Harvest</b>	All wild & perennial produce is declared public and shared equally.	
<b>Fair Distribution</b>	When harvesting, you may only collect specific to your immediate needs and not beyond.	
<b>Full Ripeness</b>	Harvests should be gathered at full ripeness.	
<b>Seasonal Diet</b>	Harvests can be stored and eaten in season only.	
<b>Eat Local</b>	Harvests must be eaten locally. They cannot be exported.	
<b>Waste Reduction</b>	Harvests from the Shmita year have a special sanctity. They cannot be wasted or thrown away.	
<b>De-Commercialization</b>	Produce can be harvested for nourishment & enjoyment; but not sold as a commodity, for the sake of profit.	
<b>Debt Release</b>	All debts from previous years are canceled at the conclusion of the Shmita year.	

Core Shmita Principles are adapted from Maimonides' text of the Mishna Torah. See more at <http://www.hazon.org/resource/core-shmita-principles/>