Bake לאפות



Bless

Separating, burning and blessing a small piece of dough. This ritual reminds us that sustenance ultimately comes from God and transforms baking bread into a spiritual act.



Baruch ata Adonoy, Eloheinu melech ha-olam, asher kidishanu bimitzvo'sav, vitzivanu lihafrish challah min ha-issa.

Blessed are You God, King of the Universe, Who made us holy with His commandments, and commanded us to separate challah from the dough.

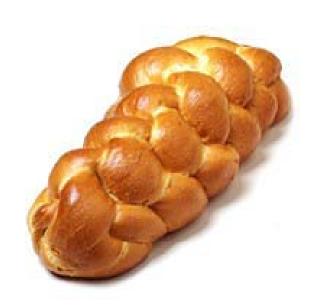
Bless Before eating



Baruch atah Adonai, Elohaynu, melech ha-olam ha-motzi lechem min ha-aretz.

Blessed are you, Lord, our God, king of the universe who brings forth bread from the earth.

Challah חלה



Eat לאכול



Grind

Break the wheat kernels into tiny pieces for flour

לטחון



Knead לַלוּישׁ



Plow

Turn the soil



לַחַרוֹשׁ

Reap

Cut down and gather wheat sheaves





Rise עליה



Soil אֲדָמָה



Sow Plant seeds インド



Thresh

Cleaning process to remove stalks and leave just the wheat kernels

לָדוּשׁ



Water, weed & tend

your seeds so they grow into wheat sheaves

להשקות,לְנַכִּשׁ,לְטַפֵּל



Winnow

Separate the wheat grains from the husks

לנפות



Yeast & Water שְׁמְרִים ומים

