Staten Island Loop - From UWS

Mile	Turn	Direction	Leg
0		Head west on W 75th St	0.3
0.3	L	at Riverside Dr	0.1
0.4	R	into Riverside Park – head under highway	0.2
0.6	L	at Hudson River Greenway	5.8
6.4	L	at end of Greenway on Battery Pl	0.2
6.6	R	at State St	0.2
6.8		Enter the lower level of the ferry terminal	
Take ferry to Staten Island			
6.8	R	On Richmond Terrace from the ferry	3.2
10	L	on Clove Rd (caution - construction)	0.2
10.2	R	on Castleton	0.8
11	R	on Nicholas (at end)	0.3
11.3	L	on Richmond Terrace (construction)	1.5
12.8	L	at South Ave	1.4
14.2	L	at Fahy Ave	0.5
14.7	S	onto Arlene St	1
15.7	L	at Signs Rd	0.2
15.9	R	at Richmond Ave	0.5
16.4	L	at Rockland Ave (use turn lane or as a ped)	2.5
		Caution: narrow in park, rough road	
18.9	S	on Richmand Rd	0.2
19.1	L	at Riedel Ave	0.7
19.8	L-R	at Amboy then quick R on Guyon	0.2
20	R	at S Railroad Ave - becomes Montreal Ave	0.6
20.6	R	at Hylan Blvd	0.2
20.8	L	at Buffalo St	1
21.8		Pit Stop at Gateway National Recreation Area	
	0 0.3 0.4 0.6 6.4 6.6 6.8 10 10.2 11 11.3 12.8 14.2 14.7 15.7 15.9 16.4 18.9 19.1 19.8 20 20.6 20.8	0	0 Head west on W 75th St 0.3 L at Riverside Dr 0.4 R into Riverside Park – head under highway 0.6 L at Hudson River Greenway 6.4 L at end of Greenway on Battery Pl 6.6 R at State St 6.8 Enter the lower level of the ferry terminal Take ferry to Staten Island 6.8 R On Richmond Terrace from the ferry 10 L on Clove Rd (caution - construction) 10.2 R on Castleton 11 R on Nicholas (at end) 11.3 L on Richmond Terrace (construction) 12.8 L at South Ave 14.2 L at Fahy Ave 14.7 S onto Arlene St 15.7 L at Signs Rd 15.9 R at Richmond Ave 16.4 L at Rockland Ave (use turn lane or as a ped) Caution: narrow in park, rough road 18.9 S on Richmand Rd 19.1 L at Riedel Ave 19.8 L-R at Amboy then quick R on Guyon 20 R at S Railroad Ave - becomes Montreal Ave 20.6 R at Hylan Blvd 20.8 L at Buffalo St

Staten Island Loop - From UWS

	Mile	Turn	Direction	Leg
	21.8		Pit Stop at Gateway National Recreation Area	
15	21.8		Head back on Buffalo Street out of the park	1.3
16.3	23.1	R	at Hylan Blvd	0.5
16.8	23.6	R	at Guyon Ave	0.4
17.2	24	L	at Mill Rd	1
18.2	25	S	at end into parking area - go through park	0.4
18.6	25.4	L	out of park through gate before boardway	0.5
19.1	25.9	S	at Father Capodanno Blvd	2.6
21.7	28.5	S	onto Lily Pond Ave	0.6
22.3	29.1	S	onto School Rd	0.3
22.6	29.4	L	at Bay St	2.7
25.3	32.1	R	into Ferry Terminal lower level	

Take ferry to Manhattan				
32.3		Head north from Ferry on State St	0.2	
32.5	L	on Battery PI	0.2	
32.7	R	onto the Hudson River Greenway	5.8	
38.5	R	through Riverside Park towards 74nd St	0.2	
38.7	S/R	on 74th Street	0.3	
39	L	on Amsterdam - arrive at JCC	0.1	

Staten Island Loop - From Brooklyn

	Mile	Turn	Direction	Leg
	0		Head north on Plaza St E	0.2
	0.2	R	at Vanderbilt Ave	0.3
	0.5	L	at Bergen St	1.3
	1.8	R	at Smith St	0.1
	1.9	L	at Atlantic Ave	0.1
	2	R	at Boerum Pl	0.3
	2.3	S	Adams St/Brooklyn Bridge Blvd	0.3
	2.6	S	onto toward Brooklyn Bridge	1.5
	4.1	L	at Centre St / Park Row	0.2
	4.3	L	at Broadway	0.6
	4.9	S	onto State St	0.2
	5.1		Enter the lower level of the ferry terminal	
			Take ferry to Staten Island	
0	5.1	R	On Richmond Terrace from the ferry	3.2
3.2	8.3	L	on Clove Rd (caution - construction)	0.2
3.4	8.5	R	on Castleton	0.8
4.2	9.3	R	on Nicholas (at end)	0.3
4.5	9.6	L	on Richmond Terrace (construction)	1.5
6	11.1	L	at South Ave	1.4
7.4	12.5	L	at Fahy Ave	0.5
7.9	13	S	onto Arlene St	1
8.9	14	L	at Signs Rd	0.2
9.1	14.2	R	at Richmond Ave	0.5
9.6	14.7	L	at Rockland Ave (use turn lane or as a ped)	2.5
			Caution: narrow in park, rough road	
12	17.2	S	on Richmand Rd	0.2
12	17.4	L	at Riedel Ave	0.7
13	18.1	L-R	at Amboy then quick R on Guyon	0.2
13	18.3	R	at S Railroad Ave - becomes Montreal Ave	0.6
14	18.9	R	at Hylan Blvd	0.2
14	19.1	L	at Buffalo St	1
15	20.1	Pit Stop at Gateway National Recreation Area		

Staten Island Loop - From Brooklyn

	Mile	Turn	Direction	Leg
	20.1		Pit Stop at Gateway National Recreation Area	
15	20.1		Head back on Buffalo Street out of the park	1
16	21.1	R	at Hylan Blvd	0.5
17	21.6	R	at Guyon Ave	0.4
17	22	L	at Mill Rd	1
18	23	S	at end into parking area - go through park	0.4
18	23.4	L	out of park through gate before boardway	0.5
19	23.9	S	at Father Capodanno Blvd	2.6
21	26.5	S	onto Lily Pond Ave	0.6
22	27.1	S	onto School Rd	0.3
22	27.4	L	at Bay St	2.7
25	30.1	R	into Ferry Terminal lower level	

Take ferry to Manhattan				
30.2		Head around ferry building to East River	0.1	
31.4		Enter East River Bikeway (start on sidewalk)	1.2	
31.7	L	toward Pike Slip (signs for Manhattan Br)	0.3	
31.8	L	at Canal St	0.1	
33.1	L	on Manhattan Bridge Bikepath	1.3	
33.4	R	onto Sands Street Bikepath	0.3	
33.8	R	at Navy St	0.4	
34.3	L	at Myrtle Ave	0.5	
35.6	R	at Vanderbilt Ave	1.3	
35.7	R	End at Grand Army Plaza	0.1	