JCC Manhattan to River Road

1.88	Miles	Turn	Directions
2.16 Turn right at Riverside Dr 4.87 Turn right at W 165th St (steep and short uphill!) 4.99 Turn left at Fort Washington Ave 5.55 Turn left at W 177th St 5.65 Turn right at Cabrini Blvd At end turn left onto sidewalk. Take ramp up to GW Bridge pedestrian path 4.99 At the end of the bridge turn left onto the near sidewalk. After one block sidewalk becomes a bike path. 8.36 Bike path ends at entrance to park. Turn left into the park - entering "River Road" 8.36 At first traffic circle bear left (uphill) 9.78 At second circle bear left (uphill). Bathrooms are available to the right (past the parking lot) 10.2 At the top of the climb head straight/right downhill 14.58 At the last (small) circle bear left uphill (big climb) 15.78 Palisades Police Station - Bathrooms and water inside. 15.78 Turn left at Palisades Blvd/US-9W 21.52 Turn left at Palisades Ave (traffic light - you may need to cross like a pedestrian) 21.64 First right at Hudson Terrace 23.57 At bridge carefully cross the street and enter the pedestrian path Exit GW Path down the ramp. Turn right back to Cabrini. Head down Cabrini for one block. 24.89 Turn right at Fort Washington Ave 25.37 Turn right at Fort Washington Ave 25.37 Turn left at Riverside Dr 28.29 Turn left at Riverside Dr 28.29 Turn left at W 114th St 28.42 Turn left at W 108th St 29.07 Turn right at Columbus Ave 30.75 Turn right at W 75th St	0	(2)	Start heading north on Amsterdam Ave
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