

JCC Manhattan to River Road

Miles	Turn	Directions
0		Start heading north on Amsterdam Ave
1.88		Turn left at W 113th St
2.16		Turn right at Riverside Dr
4.87		Turn right at W 165th St (steep and short uphill!)
4.99		Turn left at Fort Washington Ave
5.55		Turn left at W 177th St
5.65		Turn right at Cabrini Blvd
5.71		At end turn left onto sidewalk. Take ramp up to GW Bridge pedestrian path
6.99		At the end of the bridge turn left onto the near sidewalk. After one block sidewalk becomes a bike path.
7.37		Bike path ends at entrance to park. Turn left into the park - entering "River Road"
8.36		At first traffic circle bear left (uphill)
9.78		At second circle bear left (uphill). Bathrooms are available to the right (past the parking lot)
10.2		At the top of the climb head straight/right downhill
14.58		At the last (small) circle bear left uphill (big climb)
15.5		Palisades Police Station - Bathrooms and water inside.
15.78		Turn left at Palisades Blvd/US-9W
21.52		Turn left at Palisades Ave (traffic light - you may need to cross like a pedestrian)
21.64		First right at Hudson Terrace
23.57		At bridge carefully cross the street and enter the pedestrian path
24.8		Exit GW Path down the ramp. Turn right back to Cabrini. Head down Cabrini for one block.
24.89		Turn right onto 177th - stay to the left side of the street
24.92		Left on Haven Ave (DO NOT enter the highway onramp)
25.37		Turn right at Fort Washington Ave
25.52		Turn right at W 165th St (steep and short downhill!)
25.64		Turn left at Riverside Dr
28.29		Turn left at W 114th St
28.42		Turn right at Broadway
28.72		Turn left at W 108th St
29.07		Turn right at Columbus Ave
30.75		Turn right at W 75th St
30.92		Turn right at Amsterdam Ave - End at JCC

