# 2011 New York Ride Packing List

Please allow for **one bag** for person. Remember, you will carry your luggage to your housing and our volunteer crew will also be moving your luggage, so please pack light.

#### General

- Casual, comfortable clothes for Shabbat and the rest of the weekend. Pack light-remember you won't be wearing non-cycling clothes for long on Sunday.
- Layers- sweater, sweat shirt or jacket-the evenings can be chilly.
- Travel Coffee Mug so you don't have to use disposables!
- Sunglasses
- Alarm Clock (you don't want to miss the start)
- Bug Spray
- Ear plugs
- Shower shoes
- Pajamas/Robe
- Swimsuit
- Toiletries (don't forget shampoo, contact lens solution, medicine, sunscreen)
- Rain gear for walking around camp and cycling
- Refillable water bottle-please note Hazon will not be providing water bottles this year

### **Camp Kinder Ring**

- Board Games or sports equipment
- Bring your copy of **Kosher Nation** in order to share it with someone
- Old riding jerseys to give to riders who can wear the jerseys that don't fit you anymore
- Yoga Mat
- Bottle of Kosher wine for you and your new friends to enjoy at Shabbat dinner.

## **Eden Village Camp**

For those people spending Sunday Night at Eden Village

- Towels and linens, including pillows, sheets, and blankets, or sleeping bag. It can get into the 40's at night.
- Flashlight or head lamp

For those people spending Sunday Night at the hotel:

• If you do not want to go back to the hotel after the ride and before dinner, a day bag with clean clothes that will be waiting for you at Eden Village.

#### Jewish stuff

If you wear a kippah, tallit or tefillin, please bring them-we will have a limited supply. We have a limited number of siddurim, if you have one you use regularly, you should bring it.

#### Rider Gear

Mandatory: Properly-fitting helmet

#### **Encouraged:**

- Toe cages or cycling shoes or closed toed shoes to wear while on the bike
- 2 padded cycle shorts
- Non-cotton cycling shirts If you raise \$1800 we will have a cycling jersey for you at the Ride
- 2 pairs of cycle socks If you finished your fundraising by August 1 you can choose socks as a prize
- Cycling Gloves
- Second layers, top and bottom, for cold weather
- · A bandana or head sweatband
- Two spare inner tubes for your bike
- A patch kit and pump If you finished your fundraising by August 1 you can choose a patch kit as a prize
- Water bottle or Camelbak. Please note, Hazon will **not** be distributing water bottles this year.
- Bar Map to hold your cue sheet If you recruited one new rider we have a bar map for you or you can purchase one at the Ride for \$5
- Cycle bag on your bike for essentials during the Ride, including:
  - Emergency contact info
  - Government-issued photo ID
  - Medication you need to have with you (ie, inhaler, epi-pen)
  - Health insurance card (allergy bracelet if you have one)
  - Some money and/or credit cards for the Adamah farm stand or to purchase merchandise or ice cream

Note: You do not need to bring a bike lock

#### **Optional but Recommended:**

- Rearview mirror
- Cyclometer
- Tire levers
- Basic tire repair and first aid kits
- Icy/Hot Butt Balm lubricant for where you meet the saddle
- A sealable plastic bags to keep your electronics dry

#### **Crew Gear:**

- Hat to keep you cool and rain gear to keep you dry
- Boom Boxes, water guns, costumes, musical instruments and other fun things to use while crewing
- Costumes / funny hats/ noise makers
- Lawn or camping chairs or other items to use on the side of the road to keep you comfortable
- You will be assigned to a crew team by color. Please bring one or two t-shirts of that color.
- GPS
- Head Light or flashlight

#### **Credit Card**

Please bring your credit card with you. Participants who have not completed their fundraising minimum by the Ride must provide a credit card as a guarantee. You will have until October 31<sup>st</sup> to complete your fundraising – your credit card will not be charged until this date. If you wish to commit to a higher fundraising level to earn an incentive, you also will be asked to guarantee this with a credit card. **Participants who have not reached their minimum will not be allowed to ride without a credit card guarantee.**