



Backyard Fun

How does
your garden
grow?



Apple Tree

Fun & Learning
for Kids

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Apple Tree is compiled and edited by Karen Schwartz.

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Plant a Vegetable Garden

Summer is a great time to get outside! While you're there, dig down in the dirt, plant some seeds and get growing!

The vegetables in the salad on your table came from lots of different places. When you get them from the grocery store, they've already traveled from all over the world. Why not try growing some in your own backyard?

Yair, 5, Natan, 3, and Elie, 1, started gardening last year with their parents, Shoshana and David Fain.

They love to water their garden and watch it grow. They're learning the blessings for the food they grow, too. Did you know the blessing over vegetables thanks HaShem for creating the fruit of the earth?

Gardening is a great way to see where the vegetables you eat come from.

Want to try planting your own?



Natan and Elie spend time in their garden in Huntington Woods

Get free growing materials delivered to where you live. Have an adult help you sign up to receive a grow bag, compost and seeds from the Jewish environmental organization Hazon by visiting bit.ly/reliefgarden2021.

Plant the seeds and when they're ready, email your produce pictures to editor@thejewishnews.com for a chance to be featured in an upcoming edition of the *Detroit Jewish News*!



Five Fun Vegetable Facts:

- 1.** It would take 7,920 8-inch carrots to make a mile of carrots.
- 2.** The world record for the heaviest cucumber is 23 pounds and 7 ounces. It was set in 2015 by David Thomas in the United Kingdom.



Did you ever eat a tomato fresh off the vine and still warm from the sun? Tell us your most delicious vegetable tasting experience, and feel free to include a picture. Send your email to editor@thejewishnews.com.



Yair draws a carrot.

Name: Yair

Age: 5

Favorite vegetable: carrots

Q: Tell us about gardening, Yair. How do carrots grow?

A: "You plant the seed in the ground, and it needs rain, soil and sunshine. You pick them and eat them! Other people should do it. It's fun."

3. A tomato has seeds and grows from a flowering plant, so it's actually a fruit and not a vegetable.

4. The longest recorded carrot was 19 feet, 17/8 inches long, grown in the U.K. in 2007.

5. More than 7,500 tomato varieties are grown around the world.



What's Growing in the Garden?

R	T	S	G	E	Z	U	C	C	H	I	N	I	W	F	D	N	H
Q	P	R	A	D	I	S	H	E	S	P	X	E	P	Y	E	V	U
C	H	E	R	R	Y	T	O	M	A	T	O	E	S	M	G	C	O
W	E	A	S	O	M	C	Z	B	Z	K	H	M	A	Q	G	C	N
C	R	X	U	Y	B	K	A	L	E	J	S	Q	J	I	P	B	P
A	B	J	N	X	E	J	K	N	T	Q	Q	B	E	Z	L	C	N
R	S	V	J	B	Q	O	L	K	A	Z	N	P	U	H	A	J	C
R	S	U	G	A	R	S	N	A	P	P	E	A	S	W	N	J	R
O	B	O	C	D	P	Y	I	H	K	Z	E	F	E	I	T	H	M
T	R	O	M	A	I	N	E	L	E	T	T	U	C	E	W	S	Y
S	J	Y	A	L	A	J	O	O	C	C	Z	U	G	K	X	G	A
K	X	J	L	E	P	Q	B	S	C	L	P	P	Z	D	P	S	O

Find the following words in the puzzle.
Words are hidden → ↓ and ↘ .

CARROTS
CHERRY TOMATOES
EGGPLANT
HERBS

KALE
RADISHES
ROMAINE LETTUCE
SUGAR SNAP PEAS

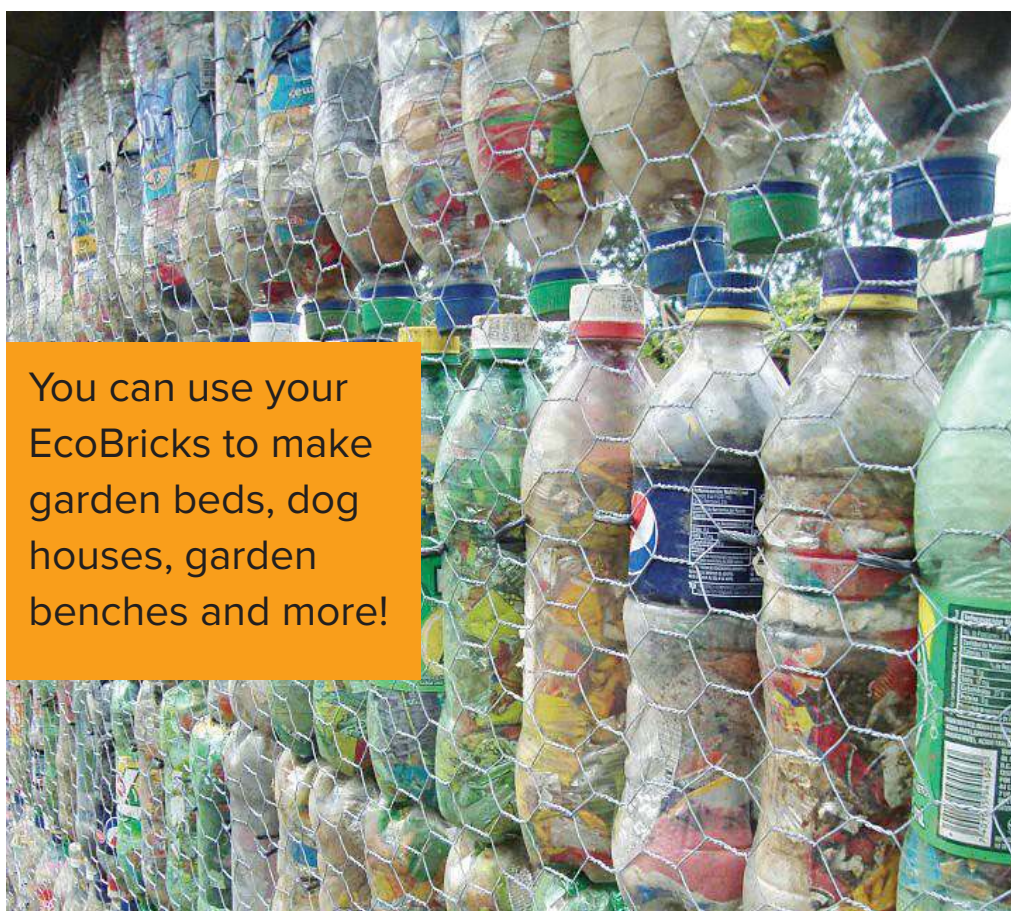
ZUCCHINI



CRAFT:

Make an EcoBrick

Making a garden? Consider using EcoBricks! You can make your own from clean and dry household waste. Pack dog food bags and other plastics you can't recycle into plastic bottles, press it in there with a stick (ask an adult for help) and when it's no longer squishable, it's done!



You can use your EcoBricks to make garden beds, dog houses, garden benches and more!

Someone made a lot EcoBricks and then asked their parents to use some chicken wire to make an actual wall!!

“The greatest threat to our planet is the belief that someone else will save it.”

– Robert Swan, author





Hazon Detroit is thrilled to recognize our strong and growing cohort of Hazon Seal of Sustainability Sites.

These local organizations are leaders in the Jewish community through their commitment to prioritizing environmental sustainability, in service to the Jewish value of caring for the earth.

Please join us in celebrating our 2020-2021 Hazon Seal of Sustainability Sites:

Adat Shalom Synagogue // Educational Nature Bags
 Beth Israel Congregation // Educational Sustainability Programs and Garden
 Clover Hill Park Cemetery // Planting Trees
 Congregation B'nai Moshe // Zero Waste Cooking Event and Automatic Lights
 Congregation Beth Ahm // Brit Hazon and Sustainability Starter Kits
 Congregation Shaarey Zedek // Butterfly Garden Signage and Educational Speakers
 Congregation Shir Tikvah // Nature Trail
 Detroit Jews for Justice // Environmentally Friendly Event Promotion
 Dor Hadash // Welcome to the Seal of Sustainability!
 Farber Hebrew Day School - Yeshivat Akiva // Outdoor Nature Center
 Frankel Jewish Academy // Jewish Youth Climate Movement
 Habonim Dror Camp Tavor // Higher Welfare Eggs
 Hillel Day School // Garden
 Hillel of Metro Detroit // Sustainability Starter Kits
 Isaac Agree Downtown Synagogue // Sustainability at Home Programming
 JARC // Compostable Office Items
 Jewish Family Service of Metro Detroit // Meditation Garden
 Jewish Ferndale // No Mow Lawn and Garden
 Jewish Senior Life // Recycling and Gardening Initiatives
 Metro Food Rescue // Composting
 Michigan Hillel // Educational Sustainability Programs
 Repair the World: Detroit // Composting and Compostable Materials
 Tamarack Camps // Growing at Farber Farm
 Temple Beth El // Energy Saving Power Strips and Garden Materials
 Temple Emanu-El // Welcome to the Seal of Sustainability!
 Temple Israel // Water Bottle Filling Stations and Jewish Youth Climate Movement
 Temple Kol Ami // Pollinator Garden
 Temple Shir Shalom // Welcome to the Seal of Sustainability!
 The Jewish Community Center of Metropolitan Detroit // Automatic Faucets and Gardening
 The Jewish Federation of Metropolitan Detroit // Compostable Kitchen Items
 The Well // Welcome to the Seal of Sustainability!
 Young Israel of Southfield // Garden Workshops and Sustainability at Home Programming

These 32 organizations represent over 38,000 individuals, doing the deeply Jewish work of caring for our planet.

Kol hakavod/Well done!



hazon.org/detroit

Eastern Bluebird

Guess Who's in

Your Garden?

It might be an EASTERN BLUEBIRD.

They like to nest in our gardens and backyards.

They look down from their perches for an insect or caterpillar on the vegetables you plant. Then they fly down and grab it.

The males are light blue with an orange breast, and females are gray or blue with less orange than the males.

Want more bluebirds in your garden? Consider building a bluebird house. They're easy to make, and a great way to attract lots of different birds. House wrens or chickadees might move in, too!



Bonus fact:

For even more flying friends in your garden, plant extra parsley and dill. You're likely to meet some black swallowtail butterflies. You can watch them grow from eggs to butterflies, right in your backyard!



Keeping Birds Safe

And all that plastic you're keeping in your EcoBricks? It helps keep birds safe. They will use anything they find in their nests. Plastic and plastic fibers can trap birds in dangerous ways. When you recycle, pick up plastics and dispose of them properly, you're helping protect birds and their homes.



DID YOU KNOW that every seventh year, farmers in Israel do something different with their crops? In accordance with Jewish tradition, farmers in Israel let their croplands rest. This is called a Shmitah year. The next one is coming up in September!

More Backyard Birds

How many of these birds can you find in your backyard?



Downy Woodpecker
SCORPION0422, WIKIPEDIA



American Robin
DAKOTA LYNCH, WIKIPEDIA



Blue Jay
RHOODENDRITES, WIKIMEDIA



American Goldfinch
BRECK22, WIKIMEDIA



Northern Cardinal
HARI KRISHNAN, WIKIMEDIA



Cut and Collage Salad

Decorate the salad items with Crayola® Crayons or Markers. Cut out each vegetable and the bowl. Glue your favorite vegetables to the bowl on another piece of paper to make a collage salad (from crayola.com).

