LEARNING OBJECTIVE
Instead of buying stamps made of plastic or styrofoam, use the unique and natural patterns found in nature to create beautiful art to send to friends and family.

EXTENDED FRAMING, CONTENT, AND JUDAICS
• Encourage participants to consider the benefit to using compostable materials for crafts.
• If this activity is being run in close proximity to a Jewish holiday, postcards can be framed specifically for these occasions. Examples: using oranges, apricots and figs around Tu B’Shvat, using apples for Rosh Hashanah, using a lulav and etrog after Sukkot, etc. While participants make their cards, you can discuss the significance of these fruits and what they symbolize for the holiday.
**MATERIALS**

- Fruits that work well: apples, oranges, grapefruits, pomegranate, starfruit, kiwi, cantaloupe, etc
- Vegetables that work well: onions, potatoes, cucumbers, celery, lemons, limes, tomatoes, brussel sprouts, cabbage, broccoli, etc
- Pieces of cardstock cut into postcard size OR recycled cardboard cut from cereal boxes
- Markers (to indicate whom each card belongs to)
- Non-toxic paints in various colors
- Small plates (to put paints on)
- Optional: create example cards to show participants

**INSTRUCTIONS**

1. Set up paints. Recycled egg cartons work great as a means of minimizing waste produced!
2. Slice vegetables so the seeds and patterns are exposed. You can even cut them into fun shapes!
3. Label each card with the participant’s name.
4. Apply paint to vegetables.
5. Let cards dry or send them home with participants.